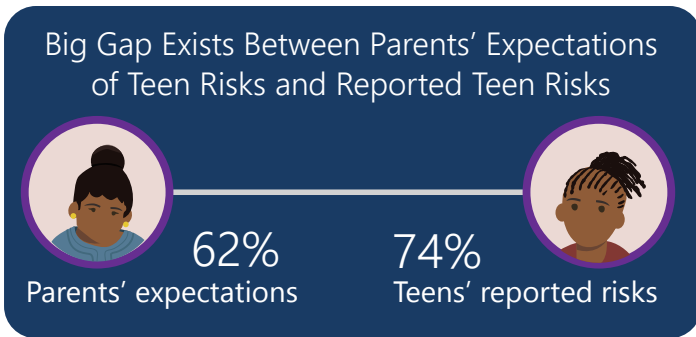
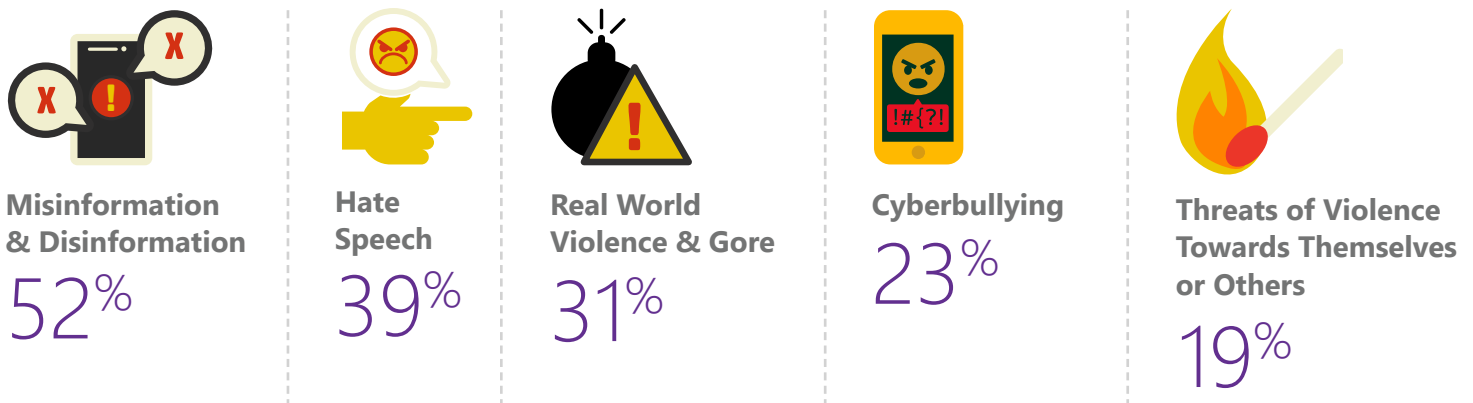


Online Safety for Teens



Top Five Online Risks Experienced by Teens



Tips For Teens

- Talk to your parents or another trusted adult if you've experienced a negative encounter online—or are worried about something that might happen online
- Familiarize yourself with the tools and features available on each platform to control who can contact and engage with you
- Report illegal or harmful content and seek help if you need assistance to process a harmful experience—trust your instincts if something doesn't feel right
- Be mindful of where you are getting your news and seek multiple resources
- Think about the information before you share and how it might be used—now and in the future

Tips For Parents

- Talk to your teens—have an ongoing and open dialogue. Don't be afraid to raise issues that may be uncomfortable—chances are your teen is already aware of them
- Familiarize yourself with the services they are using and how they are engaging online—understand the types of content they may encounter on each service
- Set appropriate boundaries based on your rules at home and your family's values—you know your teen best
- Reach out to others for advice if you encounter a situation and you're not sure what to do. There are also many good resources online
- Understand the tools that are available to you on each platform to help keep your teen safe

For more information and safety tips, visit:
[Microsoft Family Safety Location Sharing and Screen Time App](#) | [Microsoft 365 Resources](#) | [Microsoft Online Safety](#)
[Xbox Family Hub](#)