Remote patient monitoring for patients with, or at risk of diabetes

DBm-Health is ideally suited to patients needing additional support to maintain safe blood glucose levels.

The need for digital safe remote monitoring during the COVID-19 pandemic

The COVID-19 pandemic has increased the need for digital technologies to help clinicians manage their patients remotely, reducing the risk to individuals who are particularly vulnerable to COVID-19 and are advised to shield during the pandemic.

DBm-Health is intended for adults with, or at risk of diabetes needing frequent blood glucose monitoring including:

- Patients new to insulin treatment needing enhanced diabetes support from their healthcare team
- Cancer patients receiving high dose steroid treatment
- Women with diabetes planning a pregnancy
- Patients with coronavirus at risk of hyperglycaemia
- Patients with type 1 diabetes not suited to continuous glucose monitoring (CGM)
- Patients with type 2 diabetes requiring intensive support

sensynehealth.com/dbm-health
Free smartphone app
Patients can input and share blood glucose readings and other relevant data (i.e. medication taken), and request a callback from their care team.

Self-monitoring for patients
Self-help guides and a record of blood glucose readings in diary and graph format helps patients to actively manage their blood glucose levels.

Clinician’s desktop app
Patient lists can be filtered to help prioritise care interventions; individual blood glucose readings can be viewed; and messages sent via the app or by SMS.

Benefits

Patient communication
Frequent monitoring of readings and in-app messaging can facilitate improved communication and oversight

Increased service capacity
Complex cases can be managed more efficiently, freeing up capacity for more patients without increasing resources

Improved adherence
Easy-to-use patient apps can lead to more comprehensive reporting of blood glucose levels

Improved reliability
Replaces paper-based processes which are associated with poor data reliability

Faster audit
System reports replace time-consuming manual audit processes

Support for self-management
User-friendly displays of historical readings and self-help guides empower patients to self-manage their condition

Note: Not all Sensyne Health products are available in all geographies, for further information contact head office.