



HEALTH



forahealthymeTM
Intelligent Virtual Care Systems[®]

Virtual Rehab Technology Solution Validation

Results of trials conducted in 2018
at York University
&

2019-2020

Physical Activity Center of Excellence
McMaster University



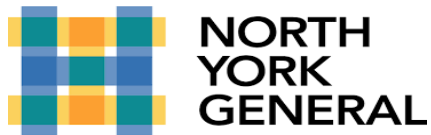
R&D Journey and Partnerships

2013-2018

Using Technology to
address Complex Chronic
Illnesses – Mental & Physical



St. Michael's
Inspired Care.
Inspiring Science.



2015-2019

Virtual Care to
increase SCI Patient Access
to care & support



2018-2020

Virtual care platform to
manage psychotic youth
mental health issues



2019-2020

Validation of a model of
care using advanced digital
technology for MSK/Rehab



Technology-Driven Care Delivery Model

Virtual Tools for Pre-Op, Cognitive & Post-Op Rehab Support

In home use by patient to enhance rehab & cost reductions



Pre-Op ROM Assessments



A.I- Enabled Prescribed Rehab

Point of Care assessments for rehabilitation support



Patient to Treatment

Rehab Center

A.I- Enabled Prescribed Rehab

Avatars as Virtual Coaches



ForaHealthyMe Inc. Confidential Material

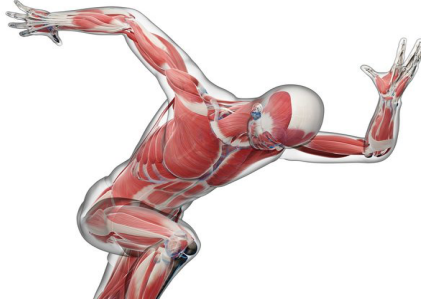
Solution Validation - A Comparative Study



VICON

Global leader in Motion Capture Cameras, software and Mo-cap systems for the VFX, life science and engineering industries.

VS



- Findings:**
- The system showed comparable reliability to that shown by Vicon.
 - The system IS consistent, almost as consistent as the Vicon system.
 - The ForaHealthyMe Inc., system may be a viable alternative to the currently used clinical tools.

Virtual Rehab Trial Results Sample – Elderly Individuals

Embedding established clinical protocols into a computer system to develop new approaches to treat and support patients with chronic health issues such as musculoskeletal surgery, and in need of rehabilitation support.

Trial Conducted by :

Dr. Stuart Phillips,

Professor and Canada Research Chair in Skeletal Muscle Health & the Director of the Physical Activity Centre of Excellence (PACE).

PACE enables community access activity and rehabilitation programs to several groups including seniors undergoing rehabilitation for various procedures.



SCIENCE
Department of Kinesiology



Virtual Rehab Trial Results Sample – Elderly Individuals

Validation of a model of care that is patient-centric, more cost effective and efficient to deliver using advanced digital technology and outcomes driven analytical models.

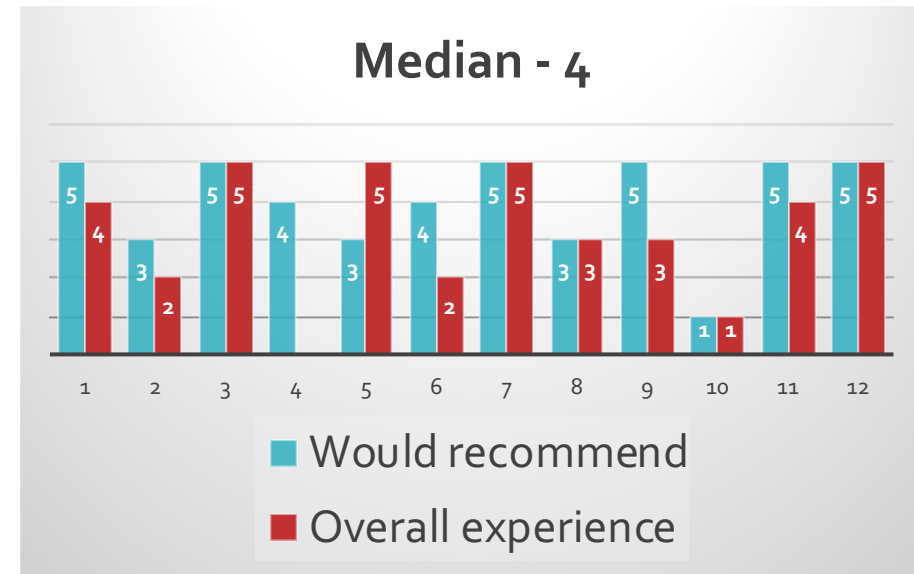
“Once you get going, it’s not too difficult to use the system”

“Great ideas having a coach, background, demonstrations and coaching about what to do”

“I think it’d be very beneficial down the road for people looking to exercise from a distance”

“The program is logical and easy to follow”

“The idea of a repetition counter to keep track is very good, and so is scoring how well the activity has been completed. With practice, I would probably use the app more.”





for a **healthy** meTM
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Thank You

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