

Redefining Employee Well-Being with VitalScore

Transforming the landscape of workplace wellness, VitalScore is engineered for organisations aiming to elevate employee health and productivity. Our solution encourages meaningful behavioural changes by enabling employees to effortlessly monitor vital health metrics such as activity levels, cholesterol, blood pressure, blood sugar, and BMI. This empowerment leads to informed lifestyle choices, fostering a healthier, more engaged workforce and promoting an environment of enhanced productivity and well-being.

- ✓ 40% of users gained new, actionable health insights
- ✓ 44% expressed their commitment to act on these discoveries

Key Features

Comprehensive Health Tracking:

Monitors a variety of health factors such as activity, cholesterol, and BMI.

Personalised Engagement:

Offers tailored health insights for individual empowerment.

Seamless Integration:

Aggregates data from diagnostics, wearable devices, and health apps for a holistic health overview.

Advanced Analytics:

Utilises AI and machine learning for in-depth health insights.

Benefits

- ✓ **Proactive Health Management:** Encourages early diagnostics and disease prevention.
- ✓ **Cost Savings:** Reduces absenteeism through better health outcomes.
- ✓ **Mental Health Support:** Builds resilience and fosters a supportive workplace environment.
- ✓ **Enhanced Productivity:** Healthier employees lead to a more dynamic work setting.

How It Works



1

Download the app & Register

2

Link wearable devices or connect to favourite health apps

3

Complete digital health checks

4

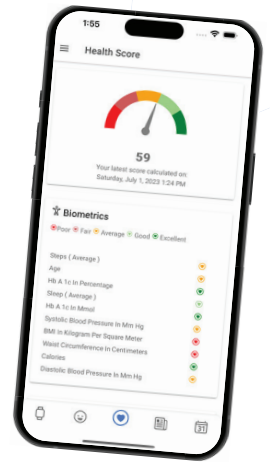
Track and monitor personalised VitalScore

5

If relevant, book appointments for diagnostics tests and consultations with healthcare providers

Reporting

- ✓ **Employees** receive a weekly personalised report summarising their health metrics and tracking changes in their overall well-being.
- ✓ **Employers** gain access to real-time reporting dashboards, along with anonymised weekly summaries that highlight key health trends and indicators within the workforce.



Advancing employee wellness through collaboration

VitalScore collaborates with top-tier diagnostics companies, state-of-the-art laboratories, healthcare providers, and telemedicine services, enhancing our ecosystem and extending top-quality services to our clients.

Flexible Solutions for Optimal Integration

VitalScore is designed to accommodate the unique needs of your organisation, offering a range of flexible solutions to ensure optimal integration:



- ✓ **White Label Solutions:** Customise VitalScore to align with your corporate identity, allowing for a seamless fit within your existing wellness programs.
- ✓ **System Integration:** Enhance your company's health ecosystem by integrating VitalScore, boosting employee engagement and well-being.
- ✓ **Standard Application:** Utilise the VitalScore app as is, leveraging its comprehensive features and user-friendly interface for immediate wellness support.

For more information and to start your journey towards a healthier future, contact us:



+27 12 360 0100



info@alulatechnologies.com