



vitalstart

Delivering joy

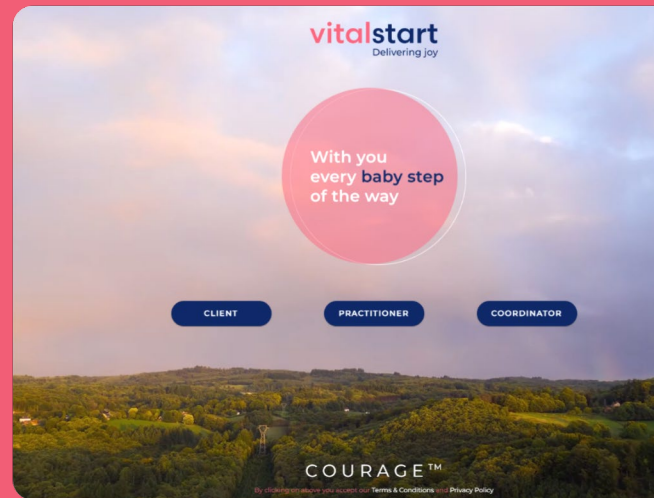
Experience our award-winning platform for personalized reproductive and maternity wellness using VR and a combination of in-person and virtual counseling, assessments, and actionable data.



COURAGE VR Platform

Reproductive and Maternity Well-Being

- Unique VR Library for Relaxation, Preparation
- Counselor assisted
- Measurable Behavioral Health
- VR Stress Inoculation Training Program
- Personalized Care across Pre-conception, Birthing and Postpartum



Value

- On-Site, Health Hub & Home-based Care
- VR Telehealth
- Patient Engagement
- Value Based Pricing
- Health Equity & Safety

Contact Us:
contact@vitalstarthealth.com

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VR is Effective for Mental Health



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

**Recommends VR for PTSD, OCD,
Stress, Anxiety, Depression Included in
Perinatal Mood & Anxiety Disorders**

**Family Council
focus group**
Preferred VR
over 2D

**Initial
feasibility study
at leading NICU**
Trauma/ PTSD
reduction

**Online
coaching pilot**
20% reduction in
stress & anxiety
levels pre and
post session

**Follow-on
Pilots**
In progress

Initial Clinical Validation & Licensing Completed with leading NICU

Awards



**Citizens Bank
SB Champion Award**
2022 National Grant



**Health and Human
Services**
2022 PHASE I Grant



Startup Bucks
Penn Community Bank
2022 Grant



Nurture NJ
NJ First Lady's Office
2023 Grant

What users are saying

"I have seen how well VR based psychotherapy has helped parents address their symptoms of stress, anxiety and trauma in the NICU"
-Clinical Psychologist

"I am more calm, I am more centered, I am more grounded"
-Client

"Love having the VR modality and platform as a tool to work with clients. We practice in real time and then they can do it on their own with confidence" -Coach



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