

## Empowering your employees' wellbeing

A well-being platform that is effective, science-based with actionable insights



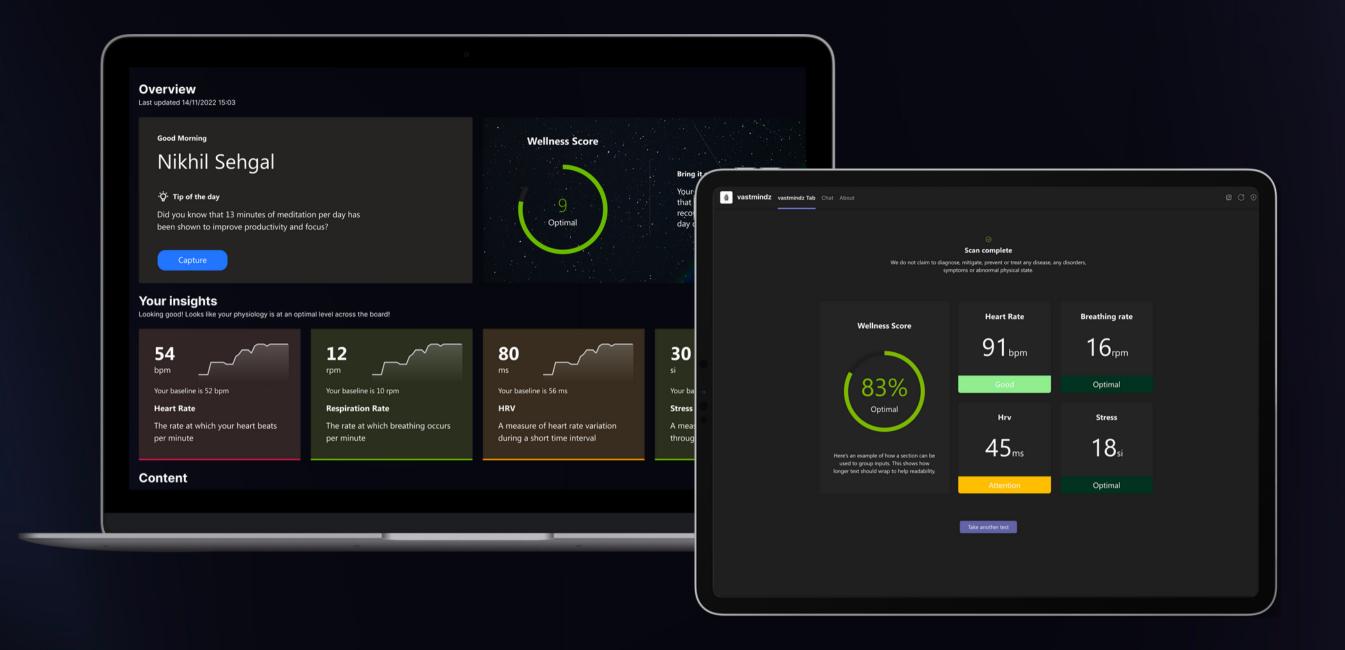
Available on Microsoft Teams



### **Problem**

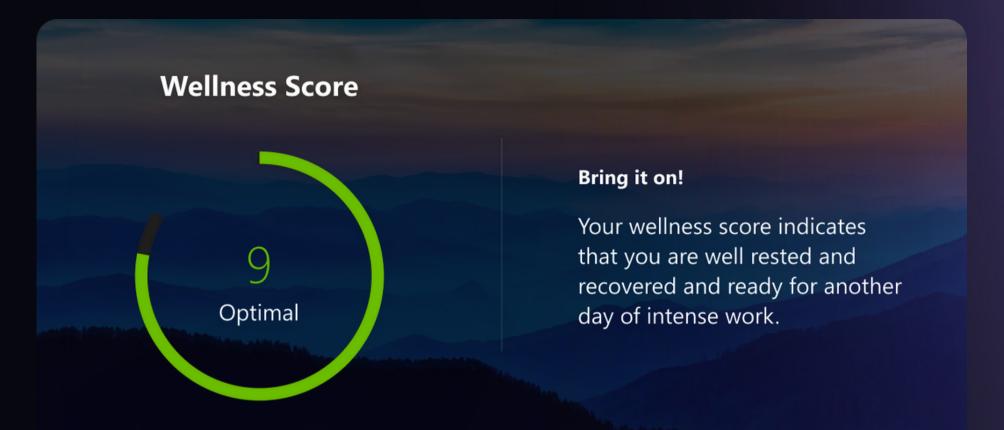
# There is no cost effective way to monitor the wellbeing of thousands of employees, until now





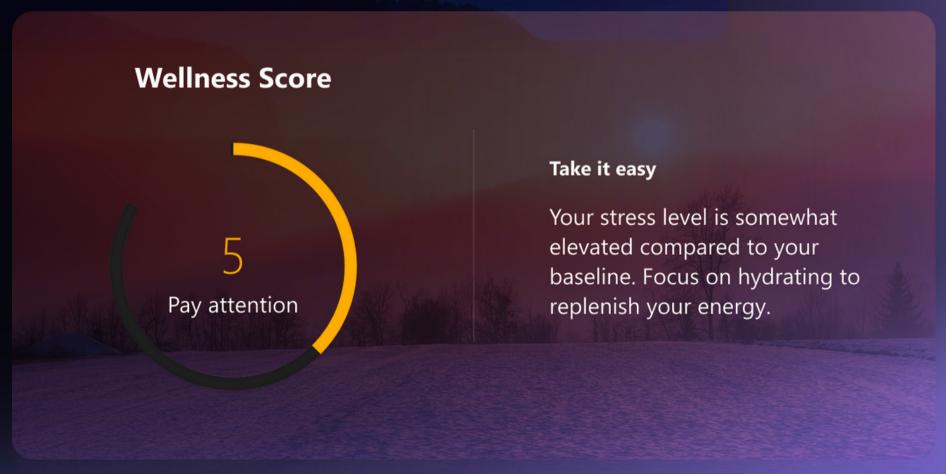
## Personalised well-being, delivered seamlessly





## Actionable Insights

Users get actionable insights from our personalised wellness score.

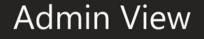




### The mental health crisis is real

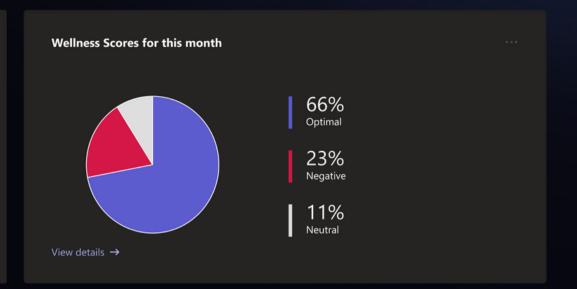
Your people need a well-being platform that is easy to use and promotes an improvement in overall well-being whilst allowing them to manage mental stress.

No surveys.
No questions.
Just pure science.





The overall wellbeing score has been trending lower over the last few months, it's time to check-in with your employees



### Apr May Jun Jul Sep Oct Nov Aug Optimal Wellness Score Optimal Optimal Optimal Heart Rate Respiration Rate HRV Stress Index



## **Empowering**managers

1

Track wellness over time for everyone

An all-in-one platform to monitor wellness across your entire organisation.

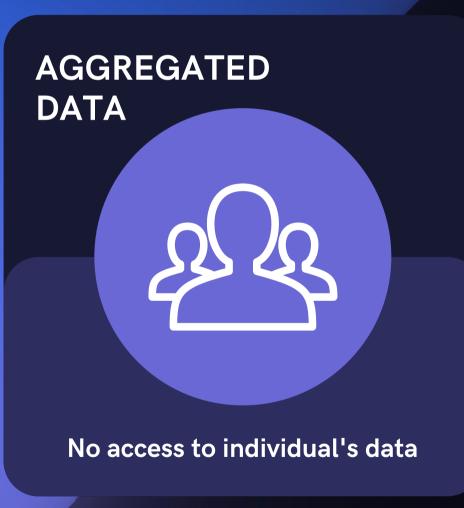
2

Pro-actively intervene to prevent wellness degradation



### We take privacy seriously







### Key takeaways



### For Managers

Actionable insights to help you battle lost-productivity due to poor wellness in your workforce



IMPROVED TEAM PERFORMANCE



EARLY PREVENTION



ALLOCATE RESOURCES
EFFICIENTLY

### For Employees

An engaging wellness tool to help mitigate stress, fatigue and poor productivity



STRESS MANAGEMENT



HAPPIER & MORE PRODUCTIVE



EMPOWER EVERYONE





Visix is licensed and used directly through Microsoft Teams.

No integration.

No friction.