


Wellbeing Week with Viva Insight

Do you want your employees to thrive at work? Do you know how to deal with overwhelming and stress in the workplace? Time management, self-care, overall wellbeing and tools to track it – all that are our topics for Wellbeing Week with Microsoft Viva Insight.

Why CloudCan?

We are working close with professional trainers, psychologists and coaches to create to universal approach. We will help you to go beyond of your physical health and care about your emotional wellbeing, relationship at work and re-energizing.



Get started today with **Microsoft Viva Insights**

1. Understand why employees are struggling to maintain wellbeing or balance at work
2. Discover the little things that could help employees to thrive at work
3. Make it a habit with concrete action steps employees can take to help themselves to be more productive without overwhelming

Approach & Deliverables



Review Top 10 reason of overwhelming

Checking with Employees the most typical reasons of unproductivity and overwhelming

Discover Viva Insight

Demonstration of Viva Insight and its usage on daily basics

Build the plan

Creating personal plan for well-being improvement and tracking the progress

