



FAN HEALTH NETWORK

# HUDDLE

WHY THE HUDDLE?





# HUDDLE

HUDDLE is where you connect directly to professional athletes, sports personalities, and celebrities who want you to improve your fitness, diet, and well-being. Live a strong and healthy life with the pros.



## INCLUDES

Huddle Feed, Health Assessment, Trackers, Personal Health Record and Personal Goals. You as sponsors receive anonymous and aggregated reports on participation, engagement and performance of the program.

## COST

Cost: \$25K for the entire program year (prepaid - 12 months) or \$2500 per month, billed monthly for up to 600 members. We will provide a custom offer for 600+.





## ADDITIONAL DETAILS



### HOW IT WORKS!

The program is presented with a card theme, where things you do are represented by "cards" that you open and play, which instruct and guide you on your wellness journey.



### START HERE

Once you have logged in, you will be given a brief tour of important things to know on the site, via convenient pop-ups. Start your Wellness program by completing your health assessment.



### PLAY AND ENGAGE

You will be presented with cards containing questionnaires (assessments) and various trackers.



## HERE IS WHAT IT WILL LOOK LIKE

Your "activities" holds all your playing cards. A status will be displayed, which changes to "completed" when done. Completing the cards increase your total participation score. Once you have completed a tracker card, a new one will appear.

[Click here for Huddle Video](#)



# THE HUDDLE PROGRAM INCLUDES

- Access to a Self-Service Administrative Portal that you use to manage program eligibility of your members and access comprehensive reports. Note that the seasonal members can be re-enrolled, and their past program history is preserved. The program cost includes one-time easy setup of all eligible members using an excel or a CSV file.
- A community forum for your company where your members can engage with the captains and create their own private community.
- Online comprehensive Health Assessment with instant feedback to the member.
- A set of Ten Trackers that can track physical activity, weight, sleep, daily mood, water intake, vegetable and fruit consumption, blood pressure, blood sugar, and cholesterol.
- Contact us if you need individual or team challenges or any customizations. Challenges include engaging communications and device connectivity.





Members can create and share their personal goal and can manage their own Health Record.

Reports that you can use to incentivize members through the raffle, premium rebate, HSA contribution, payroll credit or a reward of your choice. Health Assessment, Participation, Performance and Engagement reports are also included.

Member can access the program using a website URL or via the Healthper mobile app on apple store or google play.

Digital wellness posters and brochure to promote the program, and periodic Motivational Quotes and Healthy Cooking tips by email are included.

After you sign up you will receive an email within 24-48 hours, with an administrative account to access your wellness portal. If you do not receive an email, please contact us at [Fanhealthnetworksupport@healthper.com](mailto:Fanhealthnetworksupport@healthper.com). You can onboard your employee members by using their email address.

This is your chance to start a company-wide revolution!  
3 Reasons to Get Excited About the Program

- It's Free!
- Earn Rewards!
- Live Longer and Healthier!

Transform your outlook and be a health superstar!

