Need to engage your employees to be stress-resilient
Don't know where to start
Tried looking at too many options
Need a straightforward and simple to launch program
Don't want to go through endless hours of implementation

Join to enhance your mental and emotional well-being!

12 WEEKS HEALTHY MIND CHALLENGE

EMPLOYERS
1. SIGN UP
2. REWARD EMPLOYEES
3. EARN Emotionally Balanced & Productive Employee Culture

CONTACT
Healthper USA, Inc.
contact@healthper.com
Welcome to “Healthy Mind” challenge by Healthper. After years of helping clients implement well-being programs, we felt there was a need for a solution that can focus on a healthy mind.

The challenge has been designed based on years of the knowledge base, and industry trends. It includes assessments, activity tracking, inspirations & education, and unlimited personalized coaching to address mental and emotional needs.

HEALTHY MIND CHALLENGE
CASE STUDY
Results of a hard to engage segment of a technology services company.

<table>
<thead>
<tr>
<th>Metric</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Account Activation</td>
<td>95%</td>
</tr>
<tr>
<td>Activity Completion</td>
<td>63%</td>
</tr>
<tr>
<td>Communication Click - thru</td>
<td>67%</td>
</tr>
<tr>
<td>Completed at least one activity</td>
<td>73%</td>
</tr>
<tr>
<td>Engaged at least once a week</td>
<td>82%</td>
</tr>
<tr>
<td>Reported Challenge</td>
<td>76%</td>
</tr>
</tbody>
</table>

We simplify process for the employer by allowing multiple ways to onboard,

When email is available, we send an email with login information.

When email is not available, we create a default username and password based on employee id, date of birth, (and/or social security number), name or as it fits for the population.

When employer does not share the member information, we provide unique activation codes to the employer to distribute.

We enable single sign-on with employer’s existing application.

We create a customized communication plan and marketing collateral for the program including posters, emails, text messages, reminders, nudges, motivational quotes and much more.

We provide rich participation and engagement reports that are delivered to the stakeholders periodically.