

HEALTHPER
Your Well-Being Architects

HEALTHY HABITS

WELL-BEING COACHING PROGRAM

- Need to engage your employees to build healthy habits
- Don't know where to start
- Tried looking at too many options
- Need a straight forward and simple to launch program
- Don't want to go through endless hours of implementation



Welcome to **"Healthy Habits"** program by Healthper. After years of helping clients implement well-being programs, we felt there was a need for a solution that any employer with any employee size can just pick up and start using. No tedious implementations or long meetings.

The program has been optimally designed to help members build healthy habits.

It's time to make Healthy a habit!

EMPLOYERS

- SIGN UP
- ONBOARD EMPLOYEES
- REWARD EMPLOYEES
- EARN
  Healthy & Productive Employee Culture

CONTACT

Healthper USA, Inc.
(888)-257-1804
contact@healthper.com

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AICPA SOC 2 — AICPA Service Organization Control Reports — Formerly SAS 70 Reports

HIPAA Health Insurance Portability & Accountability Act



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HEALTHY HABITS PROGRAM

CASE STUDY

Results of the Healthy Habits program for the 450 US employees of an information technology services company, after the first year.

91% **Account Activation**

57% **Online Assigned**
Activity Completion
(tracker activities)

1M+ **Steps Counted**

14K+ **Engagement**
with the coach

48% **Eligible for $150**
payroll contribution

85% **Employees report**
program as engaging
and rewarding

PROGRAM FEATURES

- **Unlimited Personalized Coaching**
- **Digital Trackers**
- **Community Forum**
- **Personal Goals**
- **Personal Health Record**
- **Participation, Performance and Engagement reports**
- **Program Promotion Posters & Brochure**
- **Self-Service Administration**
- **Apple Store, Google Play and Desktop Access**