



— *stop the stigma* —

MENTAL WELLNESS SOCIAL NETWORK

THIS IS
THE SIGN
YOU'VE BEEN
LOOKING FOR

ABOUT IREL8

iRel8 is an anonymous, peer-to-peer chat app for Apple and Android devices where you can safely talk with people who have been in similar situations and get (or give) real-world advice. iRel8 believes people have an innate need to connect with each other and our social network for mental wellness helps people relate to one another confidentially. We require no identifiable information except a valid email address and you'll have access to peers globally who use iRel8 to help and heal one another. iRel8 is NOT clinical so if you or someone you know is facing a life-threatening crisis, call 911 immediately.

The Reality:

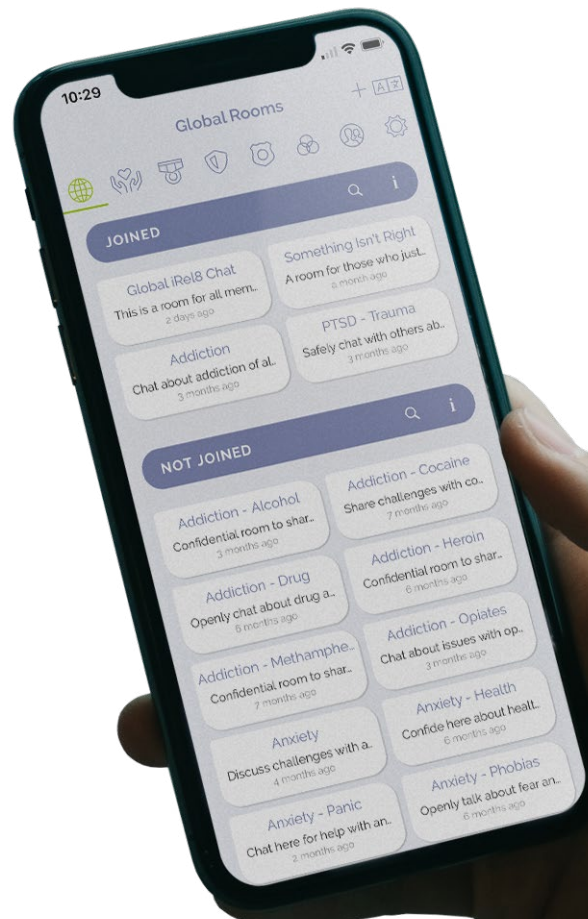
- Fear of stigma increases the severity of mental health challenges.
- Crisis doesn't have an appointment nor can it wait for a weekly support group.
- 43.8 million adults experience mental illness in a given year; however EVERYONE is affected.

The Solution:

- iRel8 stops the stigma – it's completely anonymous and peer-to-peer only.
- Available help 24/7/365 with actual people who have "been there, done that".
- Safe and secure – built on world class Microsoft technology.

Working with Partners and Private areas:

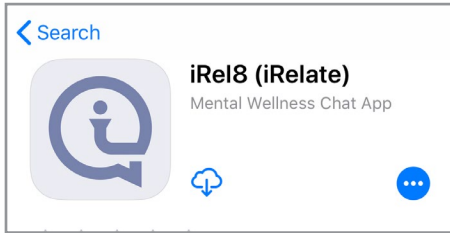
- Partner members have exclusive access to chat anonymously with each other in private rooms.
- Have access to chat with your community while not face-to-face.
- Keep your tribe, unique set of challenges, and shared life experiences in a safe place regular members of iRel8 cannot access.
- Strengthen bonds with shared life situations and continue healings during transition.



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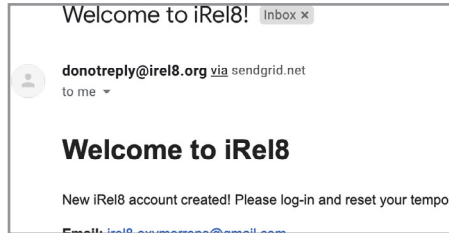
HOW TO USE iREL8

iRel8 is easy to get setup on your mobile device. Follow the steps below to get started and you'll get 24/7/365 access to the iRel8 community as well as your private room(s).



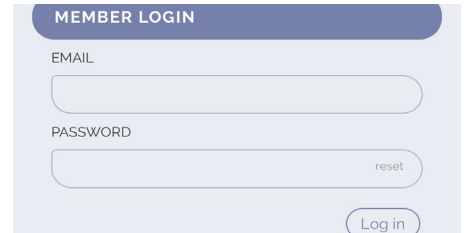
DOWNLOAD iREL8

Visit the app store (Apple or Android), search for iRel8, and download.



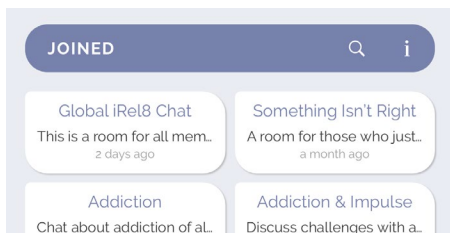
FIND YOUR WELCOME EMAIL

Look for a welcome email with a temporary password. Check your spam folder just in case.



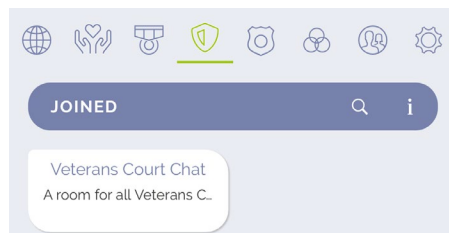
SIGN INTO THE iREL8 APP

Open iRel8, enter your email, and use the temporary password sent to you.



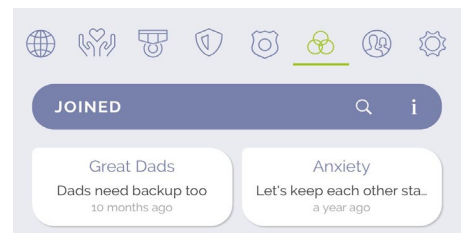
GLOBAL ROOMS

Chat with all iRel8 members here. Join rooms based on interest.



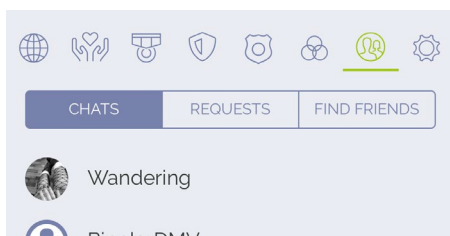
PRIVATE ROOMS

Exclusive access to only your program and its members.



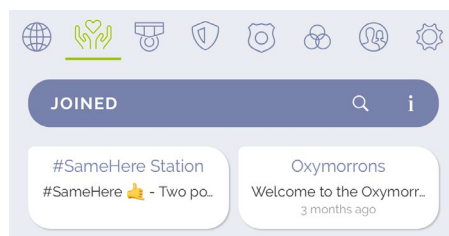
GROUPS

Groups are meant for in-app friends to have a special place to privately chat.



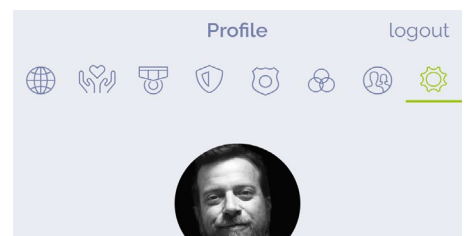
FRIENDS

iRel8 allows you to friend other app users so send a friend request if you find someone you like in-app.



PARTNERS

Check out our partners in the partners area to learn more about their causes.



PROFILE

Setup your profile and stay anonymous if you want. It's a great way to share a little about you.