|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| [1 月 7 日] | | | | | | | | | | | | | | | | | | | | | |
| 星期日 | | 星期一 | | | | 星期二 | | | 星期三 | | | 星期四 | | | | 星期五 | | | | 星期六 | |
|  |  | 01 | [活動資訊] | | | 02 |  | | 03 | |  | 04 | |  | | 05 |  | | | 06 |  |
|  |  |  |  | |  | |  |  |
| 07 |  | 08 |  | | | 09 |  | | 10 | |  | 11 | |  | | 12 |  | | | 13 |  |
|  |  |  |  | |  | |  |  |
| 14 |  | 15 |  | | | 16 |  | | 17 | |  | 18 | |  | | 19 |  | | | 20 |  |
|  |  |  |  | |  | |  |  |
| 21 |  | 22 |  | | | 23 |  | | 24 | |  | 25 | |  | | 26 |  | | | 27 |  |
|  |  |  |  | |  | |  |  |
| 28 |  | 29 |  | | | 30 |  | | 31 | |  |  | |  | |  |  | | |  |  |
|  |  |  |  | |  | |  |  |
|  |  |  |  | | |  |  | |  | |  |  | |  | |  |  | | |  |  |
|  |  |  |  | |  | |  |  |
| 挑選 日期 | | | | 挑選 日期 | | | | 挑選 日期 | | | | | 挑選 日期 | | | | | 挑選日期 | | | |
| 08:00:00 | [活動] | | | 08:00:00 |  | | | 08:00:00 | |  | | | 08:00:00 | |  | | | 08:00:00 |  | | |
|  |  |  | |  | |  |
| 09:00:00 |  | | | 09:00:00 |  | | | 09:00:00 | |  | | | 09:00:00 | |  | | | 09:00:00 |  | | |
|  |  |  | |  | |  |
| 10:00:00 |  | | | 10:00:00 |  | | | 10:00:00 | |  | | | 10:00:00 | |  | | | 10:00:00 |  | | |
|  |  |  | |  | |  |
| 11:00:00 |  | | | 11:00:00 |  | | | 11:00:00 | |  | | | 11:00:00 | |  | | | 11:00:00 |  | | |
|  |  |  | |  | |  |
| 12:00:00 |  | | | 12:00:00 |  | | | 12:00:00 | |  | | | 12:00:00 | |  | | | 12:00:00 |  | | |
|  |  |  | |  | |  |
| 01:00:00 |  | | | 01:00:00 |  | | | 01:00:00 | |  | | | 01:00:00 | |  | | | 01:00:00 |  | | |
|  |  |  | |  | |  |
| 02:00:00 |  | | | 02:00:00 |  | | | 02:00:00 | |  | | | 02:00:00 | |  | | | 02:00:00 |  | | |
|  |  |  | |  | |  |
| 03:00:00 |  | | | 03:00:00 |  | | | 03:00:00 | |  | | | 03:00:00 | |  | | | 03:00:00 |  | | |
|  |  |  | |  | |  |
| 04:00:00 |  | | | 04:00:00 |  | | | 04:00:00 | |  | | | 04:00:00 | |  | | | 04:00:00 |  | | |
|  |  |  | |  | |  |
| 5:00 |  | | | 5:00 |  | | | 5:00 | |  | | | 5:00 | |  | | | 5:00 |  | | |
|  |  |  | |  | |  |
| 06:00:00 |  | | | 06:00:00 |  | | | 06:00:00 | |  | | | 06:00:00 | |  | | | 06:00:00 |  | | |
|  |  |  | |  | |  |
| 晚上 | | | | 晚上 | | | | 晚上 | | | | | 晚上 | | | | | 晚上 | | | |